

10 February 2017

Dear Parent/Carer

At Outwood Academy Bishopsgarth our continuing aim is to improve standards both to raise aspirations and improve life chances.

I recently wrote to you regarding the academy's desire to increase students' understanding of the need for a healthy and balanced lifestyle. As part of this we have looked to improve the offer and range of food available in the academy canteen, which is an area we continue to work with the Local Authority to develop further. A restriction was also put in place on specific food items, which meant that students were no longer allowed to bring them into the academy.

I thank you for the overwhelming support received in response to the changes mentioned above, in recognition of the importance of students consuming a healthier, more balanced diet. It has, however, become apparent that there remains some uncertainty around what food items students can still bring as part of a packed lunch. To provide further clarification, the items listed below are not to be brought into the academy:

- **Fizzy drinks or energy sports drinks**
- **Crisps (including any items which might be a 'healthier' alternative such as quavers, monster munch etc)**
- **Chocolate bars (small chocolate coated biscuits are allowed as part of a balanced packed lunch)**

*Please note that the list of prohibited items is not exhaustive and the final decision of what constitutes such an item lies with the Principal.

Since my previous letter some students have brought 'healthier' alternatives to crisps, but it has again proved to be problematic due to a number of students abusing this privilege and bringing multipacks or large 'grab' bags. The negative impact this can have upon a balanced diet is clear, as is the noticeable increase in litter around the academy. For these reasons, no crisp or perceived 'healthier' alternative will be allowed in the academy.

From Monday 20th February 2017 students **will not** be allowed to bring the food items mentioned above into the academy.

It is important that you understand that any such food items will be confiscated by staff if they are seen and a C4 detention will then be issued to the student.

Yours faithfully



Mr C Young
Vice Principal